

Microphenomenological Interview Course 2023
at the Department of Psychiatry, University Hospital Heidelberg

Dr. Prisca Bauer

Microphenomenology was developed in the 1990s as an interview technique to explore processes of consciousness. It enables a very precise investigation of lived experience: What happens when we have an idea? When a childhood memory suddenly returns? Such phenomena, which are essential features of our existence, are difficult to describe and have therefore eluded scientific research until now. The development of microphenomenology as a "psychological microscope" opens up new possibilities in various fields of research.

In this course, the basics of micro-phenomenological interview will be taught. The first part of the course (2.5 days) focuses on theory and short practical exercises. The second part of the course (also 2.5 days) will take the form of a workshop in which participants get feedback on interviews they conducted.

The course is aimed at researchers and therapists at any stage of their career who wish to familiarise themselves with microphenomenology. Participation in both parts of the course is mandatory. The number of participants is limited to 20.

Language: English/German

Lecturer: Dr. Prisca Bauer, Ph.D., physician for psychosomatic medicine and psychotherapy at the University Medical Center Freiburg, learned the method from Prof. Claire Petitmengin, who co-developed the method in 2016. She has applied microphenomenology in various neuroscientific and clinical studies since then.

Dates:

Course Part 1: 27.07.2023 - 29.07.2023

Course Part 2: 09.11.2023 – 11.11.2023

Thu/Fri 09.00 - 18.00 + lunch break

Sat 09.00 - 13.00

Course fees (for five course days)

950 € employer-funded

650 € individual funding all except undergraduate and postgraduate students

450 € individual funding for students and doctoral candidates (proof required)

Preliminary fees. We are applying for funding so that the course fees may be reduced

Registration and enrolment: please send a short description (max. 500 words) of your motivation and/or the research question for which you want to use microphenomenology. Please register with Dr. Prisca Bauer, prisca.bauer@uniklinik-freiburg.de

Course programme:

Course Part 1:

Day 1:

- Introduction to the method, ethical framework

- Structure of the interview
- Procedure of evocation + practical exercises

Day 2:

- Diachronic and synchronic structure + practical exercises
- Implicit information
- Reliability

Day 3:

- Quality assessment
- Q&A and preparation of course part 2

Course Part 2 will include:

- Introduction to analysis
- Applying the interview to different research questions
- Observation and feedback of recorded interviews